

# Jesus Hospital Charity Newsletter

## Summer 2020



Welcome to the 45<sup>th</sup>  
edition of the JHC  
newsletter

Firstly an important  
COVID-19 message from the  
Director of Public Health for  
Barnet...

**BARNET**  
LONDON BOROUGH

**NHS**  
Test and Trace



**PROTECT YOUR FAMILY AND FRIENDS  
FROM COVID-19**

COVID 19 has not gone away and I am encouraging all of us to continue to follow the public health guidelines.

If you feel unwell and you think I might be coronavirus, it is very important that you get yourself tested as soon as possible. Don't wait. Self-isolate while your test kit and results arrive.

If you have tested positive for coronavirus you will be asked by NHS Test and Trace to let your recent contacts know they may be at risk. This includes people you live with, and people you have had direct contact with (or within 2 metres for more than 15 minutes).

Testing and tracing is key to combating the spread of coronavirus. If you're told you've been in contact with a person who has coronavirus please self-isolate (stay at home) for 14 days from the day you were last in contact with the person. Our website [Barnet.gov.uk/covid19](http://Barnet.gov.uk/covid19) has information about support available to you if you need to self-isolate.

We can only stop the virus spread if we all work together. You can play a part in ensuring we save lives, protect our friends, family and neighbours, and keep Barnet safe for everyone. Thank you.

**Dr Tamara Djuretic** - Director of Public Health for Barnet

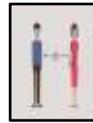
### Protect yourself with the 3 W's:



1. Wash your hands for at least 20 seconds (or use hand sanitizer)



2. Wear a face covering on public transport, indoors and in crowd places



3. Watch your distance- keep 2m apart whenever you can

### Prevent the spread of the virus:

- Got the symptoms of coronavirus like a cough, high temperature or loss / change in taste or smell?
- Book a test straight away by calling 119 or go to [nhs.uk/coronavirus](http://nhs.uk/coronavirus)
- Self-isolate for 10 days
- Keep your community safe

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JHC RESIDENTS

2020

ART COMPETITION

Congratulations to the wonderful entrants in our Art Competition.

The art work was judged by a panel of our Visitors' Residents Liaison Committee, so a big thank you to Barbara, Brenda, Cathy, Margaret and Jan.

The panel said it was so hard to judge and all 8 entries received votes!



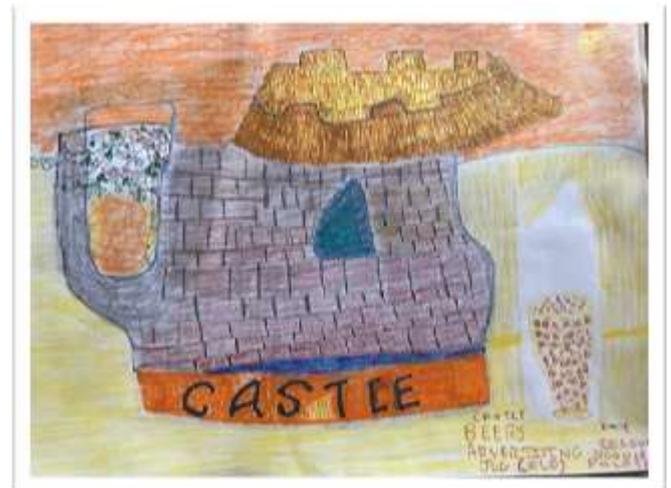
1: Tree at Sunset (Oil on Canvas) ~ by Jo ~ Potters Lane



2: Tiger (Diamond Art) ~ by Tanya ~ Wilbraham's



3: Betty Boop (Drawn by Hand) ~ by Madeline ~ Potters Lane



4: The Castle (Drawn & Illustrated) ~ by Frances ~ Wood Street





5: *The Hand (Pencil Sketch)* ~ by Kathy~  
Potters Lane



7: *The Ladder (Abstract Art)* ~ by Emilia ~  
Grasvenor Avenue



6: *My Niece (Drawing)* ~ by Julie ~  
Potters Lane.



8: *The River (Colouring Sketch)* ~ by Patricia ~  
Wilbraham's

**CONGRATULATIONS TO ALL EIGHT LADIES WHO ENTERED  
A FANTASTIC EFFORT BY ALL  
EACH ENTRANT WILL WIN A PRIZE  
THE OVERALL WINNER WITH HER DRAWING OF  
'BETTY BOOP'  
WAS...  
MADELINE from POTTERS LANE**



**TEN QUESTIONS**  
**Eleanor Murray**

**Eleanor has lived in Barnet all her life, and moved into her Potters Lane cottage in 2004.**

**Eleanor is a very kind, considerate and hardworking member of the Potters Community.**

**1. What is your best childhood memory?**

*“Christmas! I love everything about it and still do. I remember my dad getting the fire ready the night before and us all coming down very early the next day. We would have a main present and a small stocking.”*

**2. What is the best thing about living in Barnet?**

*“Barnet is perfectly situated, we are very close to some lovely country side and in the other direction, we can get into London very easily.”*

**3. Over the years, what has been your favourite venue?**

*“We used to have three cinemas, all within walking distance. Going to the cinema was such a weekly treat. Only the Odeon is left now”.*

**4. Best place you have visited abroad?**

*“Blimey that’s difficult! I loved Malta, Madeira, Las Vegas and Austria.”*

**5. Favorite film of all time?**

*“Back on the Christmas theme, It’s a Wonderful Life and Miracle on 34th Street. Good old fashioned films with no violence or swearing!”*

**6. What has been the biggest change you have seen in Barnet?**

*“The loss of the traditional shops in the High Street. In particular Woolworths. They sold such a variety, from pots and pans, to toys and everything you need in the house.”*

**7. Favourite food?**

*“You can’t beat a good old fashioned meat pie, with mash potatoes, steak and kidney, mince pie, I just love them!”*

**8. Favourite TV programme?**

*“Only Fools and Horses and going back a bit, the Dick Emery show, I love a good old fashioned British comedy!”*

**9. What are your interests and do you belong to any clubs?**

*“I’m a member of the United Services club in Finchley. My brother was the steward there. I enjoy, walking, reading, baking (No JHC event is complete without some of Eleanor’s wonderful sausage rolls)”*

**10. Finally, what do you like most about being a resident of JHC?**

*“Where ever I go, I always love to return to my home in Potters, which says everything really. It’s where I’m happiest, and have such great neighbours”*

## THE GREAT ALMHOUSE CITIES OF ENGLAND

In our last Newsletter, we featured Bath, today we are going to look at another beautiful English city...

### *Episode 5.*

**SALISBURY** is a cathedral city in the southeast of Wiltshire, near the edge of Salisbury Plain, with a population of 40,302. It is the only city in Wiltshire. Although Swindon is a larger settlement, it is classed as a town.

The city is approximately 20 miles (32km) from Southampton and 30 miles (48km) from Bath. Stonehenge, a UNESCO World Heritage Site, is 8 miles (13 km) northwest of Salisbury.

Salisbury Cathedral was formerly north of the city at Old Sarum. Following the cathedral's relocation, a settlement grew up around it which received a city charter in 1227 as New Sarum, which continued to be its official name until 2009, when Salisbury City Council was established.



The beautiful cathedral has the tallest spire in the UK at 404ft/123m. Notably, it contains the

best preserved of the four surviving copies of the Magna Carta and the oldest surviving mechanical clock in Britain, installed in 1386.

Five rivers meet in Salisbury – the Nadder, Ebble, Wylye, Bourne and Avon.

There are markets in Salisbury held in the Market Square on Tuesdays and Saturdays.



Regular markets have been held here since 1227. There is also a Farmers' Market on a Wednesday where you can buy local produce.



Just off the Market Square is the Poultry Cross – the only surviving of four original market crosses. There was also a cheese

and milk cross, a wool and yarn cross and a cattle and livestock cross. Historic Salisbury still contains many beautiful old timbered buildings. The Close is home to a large number with Arundells, the former home of ex-Prime Minister Sir Edward Heath being just one.

There are many almshouses in Salisbury and many fall under the umbrella of Salisbury City Almshouse and Welfare Charities.

Others include:

### ***The College of Matron Almshouses***

A registered Almshouse Charity, it was originally founded by Seth Ward, Lord Bishop of Salisbury, in 1683.

The principal object of the College is to provide sheltered housing for eligible women

(Matrons) in the premises of the College, in The Close in Salisbury and in St John's



Priory in Wilton. Applicants must satisfy the following qualification as laid down by the Scheme:

*"The Matrons shall be needy and deserving single women resident within the area of benefit, with a preference being given to widows and daughters of Ministers of the Church of England."*

The 'area of benefit' includes the Dioceses of Bath & Wells, Exeter, Portsmouth, Salisbury, Truro and Winchester.

## **Winifred Edith Gale (Nee Amos)** **100 years of Potted History**

*provided by*  
*Win's son Cliff Collings*

Winifred (Win) was born at 18 Perch Street, Hackney on 27<sup>th</sup> July 1920.

She was the 4<sup>th</sup> child of 6 children, Win had 3 brothers and two sisters.

Over time the family would have occupied Nos 17, 18, 23 and 25 Perch St.

Win left school at 14 and started work in 1914 at the nearby London Fancy Box Co. as a trainee box-maker. This company manufactured high class boxes for jewelry, fountain pens as well as bespoke items for well known companies in the London West End and City. She became very accomplished and over the years she was highly skilled in the art of box-making.

In 1937/38 when Win was 17-18 she was on a day trip to Margate where she met her future husband Joseph Thomas Collings (Tom).

With the declaration of war in 1939 Win and Tom decided to get married on 9<sup>th</sup> November and almost immediately Tom was posted to RAF St Athan near Cardiff.

This resulted in the newlyweds setting up home in Glamorgan Street in Barry, Glamorgan, South Wales. Following the rushed move to Wales and a very hectic New Year in 1940 Win found out a few months later she was pregnant.

At this time Win's father made the decision for Win's mother Henrietta (Hetty) together with Win's younger brother Ronald (Ronnie) to move down to Barry to be close to Win. Tom, at this time, was frequently on base and not at home.

Other members of the family joined Win and the situation remained the same until after Win gave birth to Clifford in October 1940.

In early 1941 Tom was posted to Canada to assist in the training of new pilots and was to be away until the autumn of 1942. When he returned he was posted to a South Wales base near Swansea. He had progressed to become a Flight Engineer and flew 28 missions on Lancaster bombers.

When Win found out she was pregnant again she decided to re-join the family who had moved back to Perch St where they helped her with the lively Clifford and the upcoming new baby. So, she arrived back in Perch St and managed to occupy the downstairs flat at No. 17 Perch St with the Shaw family living upstairs.

When Win's time came, she was transported off to Derbyshire and Wellesley Castle for the delivery of Geoffrey on 28<sup>th</sup> July 1943. A late birthday present, Win returned to Perch St about three weeks later.

This situation remained the same with Tom on duty in South Wales and Win dealing with two small children in Hackney. This carried on until the

Normandy Landings and the new threat of Flying Bombs, the V1 Doodlebug aimed at London.

Once again and with a young family, Win moved to Bolton as an Evacuee. Whilst she was well received and looked after, Win realised she was just a few miles from her mother-in-law who lived in Daisy Nook, Ashton under Lyne.

So, after a visit, she decided to move to Daisy Nook in late 1944. She and the family remained there until 6 weeks after VE day when she returned, with many tears, to 17 Perch St.

Back in Hackney, Win concentrated on bringing up the two children. With the help of the family in Perch St., she did work locally so she could return home easily.

With the war at an end, Tom, as a regular was still on base and came home when leave permitted. During this time and about late 1946 Win became aware that being away from married life, Tom had made a young girl pregnant, something Win only found out when a letter addressed to him arrived at Perch St which gave away the situation. So, enraged, Win, literally, kicked him out of the house. A divorce followed in 1947.

With the children growing up and in the care of Nan Amos, Win went back to work at the London Fancy Box Co. and started courting her old friend Arthur Victor (Vic) Gale. Win and Vic were married in 1950 at Hackney Town Hall. Vic moved into 17 Perch St which made it a little crowded therefore, Clifford would sleep at Nan's (No. 25) and would return home for meals.

These were tough but happy times. In 1954 Win became pregnant again and on 5<sup>th</sup> May 1955 David was born (5/5/55!!). The situation at 17 Perch was quite crowded so applications were made for larger accommodation with the local council.

It was not until 1958 when Clifford was already at work, did a move take place into a newly built maisonette in Upper Clapton. It was like moving into luxury with all facilities. Until that move the family had to make do with cold water or a kettle of hot water to wash or weekly attend the communal baths close by. They also used an outside privy. The new place was all mod cons. Utopia!!

By then Geoffrey had finished exceptionally well at school so he too, with Clifford, were working in a City Bank in Threadneedle St.

So, life at Mount Pleasant, Upper Clapton was very much better and Win and Vic regularly went to participate in Whist Drives around the area. Playing cards were a big pleasure for Win and she also enjoyed playing cards and games with the children and then later, their girl-friends. Vic also joined in and it was a very pleasant time for all.

In no time both Clifford (1964) and Geoffrey (1967) married and David followed some years later.

Around the mid 1980's two of Win's sisters moved to Barnet with their families so, with the children no longer at home, In 1986 Win and Vic moved to Woodville Road.

Win and Vic still enjoyed their Whist Drives which brought them in touch with local clubs which included the local Church and its social activities.

Sadly Vic died in 1987, leaving Win devastated but she was supported throughout this time by her family and new- found friends around Barnet and the Church group.

Through the Church group Win was put in touch with the Jesus Hospital Charity and in 1994 and was granted an occupancy at No 12 Ravenscroft Cottages.

Win's arrival at Ravenscroft Cottages has been a major turning point in her life and she is now sublimely happy with her neighbours and friends.

Win's time at Ravenscroft Cottages has been a period of sadness and joy for her, especially as the tragic loss of her son David to heart failure in February 2016, just three weeks before the marriage of his son David Jnr to Rebecca. The heart-breaking and sudden loss of her youngest son David was later followed by the death of her second son Geoffrey from pancreatic cancer in January 2018.

Win has stoically weathered these crushing blows and many a lesser woman would have given up. However, with the great crowd around from the Charity and her neighbours she has pulled through and, at the moment, appears to be stronger than ever.

Win is now the sole survivor of her generation.

Following closure of local day centres and clubs over the past few years, Win is grateful for the support from Jesus Hospital as well as her friends and neighbours at Ravenscroft Cottages.

In more recent times, Win has joined the Chipping Barnet Day Centre in Barnet. It is fair to state that she now has a purpose to life and cannot wait to go to the Day Centre on Mondays and Fridays. Family visits are banned on these days!

This support from the Staff & volunteers is much appreciated and they have continued this throughout lockdown! Win is very appreciative of the attention she receives.

Her current direct family is:-  
 Clifford, the remaining son and eldest of the Amos generation  
 Daughters in Law Barbara (Clifford), Pamela (Geoffrey) and Sara (David)  
 6 Grandchildren: Stuart, Martin, Alison, Lisa, David Jnr and Michael  
 5 Great grandchildren: Lee, Laura, Jessica, Eshan and Robin.



Win & Family

## HAPPY 100<sup>th</sup> BIRTHDAY WIN





See how you can do in what the following 'ologies' study?

Answers at bottom of the page

1: ARACHNOLOGY

- a) Arthritis b) Architecture c) Spiders

2: CAMPANOLOGY

- a) Bell-ringing b) Camping c) Churches

3: DIPTEROLOGY

- a) Diphtheria b) Dirt c) Flies

4: GEOLOGY

- a) Oceans b) The Earth c) Graphs

5: HIPPOLOGY

- a) Lower bones b) Hippopotamus c) Horses

6: JAPANOLOGY

- a) Japanese People b) Jewish American Process c) Japers - jokes

7: MIXOLOGY

- a) Social skills b) Cats c) Drink making

8: MUSICOLOGY

- a) Meditating b) Music c) Mushrooms

9: RHINOLOGY

- a) Nose b) Evergreen Plants c) Rhinoceros

10: SELENOLOGY

- a) Old Age b) Celery c) The Moon



... We would like to warmly welcome the following resident...

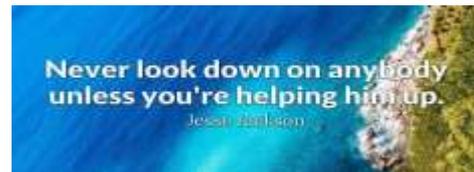


EMILIA BALOG

Emilia moved into her Grasvenor Avenue cottage in June 2020. is Emilia is originally from Romania and lived in America for 18 years before making

England her permanent home.

Emilia is a keen childrens' author and is hoping that her books will get recognized by the publishers one day. Emilia is a very keen gardener, and other hobbies include also cooking, art, museums, walking & gardening.



BIRTHDAYS:

August:

20<sup>th</sup> Joyce Baynes

26<sup>th</sup> Elizabeth Rose

September:

4<sup>th</sup> Simon Smith

17<sup>th</sup> Kathy Love

22<sup>nd</sup> Mary Moore

23<sup>rd</sup> Amparo Abalos



Reminder: Sadly some of the residents' gardens are looking unloved. Please ensure you all keep your gardens well maintained. Please do let us know if you are struggling with the upkeep of your garden

Answers:

- 1. Study of Spiders
2. Study & Art of Bell-ringing
3. Study of Flies
4. Study of the Earth
5. Study of Horses
6. Study of Japanese People
7. Study of Drink Preparation
8. Study of Study of Music
9. Study of the Nose
10. Study of the Moon